## Paulding County Hospital's Family Health Day Instructions 2019

- 1. Must be 18 years of age or older to participate.
- 2. Included in this packet is the instructions and registration form.
- 3. Choose a location and a date. (CAN BE CHANGED LATER IF REQUIRED):

### **Regional Health Center Antwerp**

- Saturday March 23, 2019 from 7:00 AM 10:00 AM
- 608 Erie Street Antwerp

#### **Oakwood Fire Department**

- Saturday March 30, 2019 from 7:00 AM 10:00 AM
- 201 N 6th St, Oakwood, OH 45873

#### Payne, Van Crest Assisted Living

- Saturday April 6, 2019 from 7:00 AM 10:00 AM
- 650 N. Main St. in Payne, OH.

# **Paulding County Hospital**

- Saturday April 13, 2019 from 7:00 AM 10:00 AM
- 1035 W. Wayne St. Paulding Ohio. The entrance will be the medical office building locate in the northwest corner of the hospital.
- 4. Complete the registration form per the instructions on the form.
- 5. Return the completed registration form and payment (CASH, CHECK, CREDIT CARD) to the HOSPITAL CASHIER PRIOR TO THE SCHEDLUED DAY (PREFERED)

#### Or

Complete the registration form and envelope and bring with you to the Family Health Day with a CHECK or CASH payment.

- 6. Arrive at the Family Health Day FASTING FOR 10 TO 12 HOURS.
  - \*Water and Medication is OK to have when fasting.
  - \*No additional lab orders can be processed at the Family Health Day
  - \*Snacks and beverages will be provided after your blood draw.
- 7. Results will be mailed to you upon completion and the results will be in your electronic healt record (MyChart®). If you have not signed up for MyChart®, please see your healthcare provider.
- 8. It is recommended that you follow-up with your healthcare provider regarding the Family Health Day results. Paulding County Hospital Family Health Day is not a replacement for routine visits with your designated healthcare provider